
DNA Consciousness Theories

The Central Dogma "DNA makes RNA makes protein" is the perfect start. We can be conscious of this fact without making any significant adverse changes to our biological systems. However, it is now necessary to know that we can make changes to the very fundamentals of our biological systems with the conscious choice.

Einstein found when searching for the Particle vs. Wave that each time he decided to find something new, he found it. Or did he CREATE IT? DNA is the fundamental construct of our life experience. It is a recording, and an information string representative of all life. Our consciousness creates our life expressions and can change the expression of our own DNA. Does our Consciousness create our DNA Expressions?

"Consciousness creates" is a lot more serious and far reaching than ever thought of before. Simple experiments have shown how conscious thoughts such as depression have measurable effects on patients. We need your help to develop an experiment to test how we can consciously change our DNA. Support this DNA Shift Experiment by committing to provide: lab, overhead, grant support, student stipends, academic direction, detailed instruction, DRAFT EDITING or other professional service as required.

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I. Intellectual Merit

A. How does this proposal fit into the science?

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Consciousness is making changes

If Chromosomes switch on and off creating divergent populations, Do DNA Shift Expressions as easily?

The Brain is the most evolved expression of life on Earth, what more could evolve from it?

Simple exercise and conscious applications can combat the effects of disease .

Repeated symbols and observations can influence individual actions and choices.

Conscious attitudes improve health, and can be used to help Shift DNA Expression.

IS stem-cells change focused on timing or is it the conscious choice involved?

Pituitary signaling defines aging; but can we consciously choose to control these glands?

Lifetime extensions are based on diet influences or is it the conscious choices that control chemical uptakes and reactions?

Masters practicing their meditative discipline to balance and invigorate the human energy field is now measurable.

Mental discipline and meditative practice can change the workings of the brain and allow people to achieve different levels of awareness.

Do conscious attitudes improve health, can they Shift DNA Expressions?

Can conscious attitudes regulate natural body reactions to outside stimulus?

Science has developed enough to trace how we can consciously control ourselves.

There is new information about RNA controls, but can we decide what our RNA controls more?

B. How does this expand scientific knowledge?

We developed a practice combining the various traditions including the Love of Jesus Christ, Taoist, Tantra, Wicca, Kabala, Reiki, Yoga, Meditation and other Hoppi and Mayan practices to create fundamental changes in our biological systems. These ancient practices were designed to control and direct our evolution. The DNA Shift Experiment will unite fundamental methods that can be used to abate disease, improve health and longevity.

Technology and science provides key measurements and definitive analysis of any changes proposed. This proposed research will create a specific reproducible experiment to create measurable changes in the biological systems of the participants. This will establish how certain practices can bring desired changes to our body chemistry, mind functions, and the expressions of DNA. This will be the DNA Shift Experiment.

II. Broader Impacts on Society

A. How important is the proposed activity to advancing knowledge and understanding within its own field or across different fields?

Science has defined the thinking facility present in human beings. Only mankind can reason, reflect and exercise judgment through controlling recordable communicative means. It is mankind alone who can compare and contrast, who can think of *pros* and *cons* and who can draw inferences and conclusions from these sufficient to publish and share with others. Can these activities of the mind be the precursor to more advanced abilities?

The evolution of DNA and brain tissues continues every moment¹. If we look at the progression of mankind and mind, we find it practical to investigate how much more we are capable of completing by only using the mind. Demonstrating how consciousness can control the expression of DNA changes many issues for mankind. Diseases can be defeated by “learning” new ways of thinking. Learning to “think away diseases” can change a lot of our culture and expenses. Are we controlled by the mass-marketed greed of the big bio-business or are we prepared to take the power over our lives again?

B. To what extent does the proposed activity explore creative and original concepts?

Learning to “think away diseases” requires combining different techniques to regulate and control the mind and body simultaneously. Significant advantages are obtained by using common methods represented in many religions and natural pathetic practices. This experiment will establish a benchmark or the “ground zero” point of how these “conscious mind & feeling” techniques work. Changing the expression of DNA will function together to empower mankind as necessary for our evolution and open new exploration opportunities. Science is beginning to explore and find value in many ancient practices so it is essential to bring these activities into a greater creative expression. The proposed activity is necessary to bring these practices into direct standing within the scientific community.

¹ Cell Vol. 119 pp. 1027-1040 (2004) by Dorus et.al.

C. How well conceived and organized is the proposed activity?

A sound professional sample selected with great care and diligence will prove to be a very significant element in substantiating this theory. Direct control over body growth and functions will be fundamental. The DNA Shift data is most precise with a refined process. The current genetic variation of the culture is extreme already. It is fundamental to use a suitable sample where "DNA Expressions" can be reasonably mapped to allow for an equivalent comparison. We need to avoid comparing apples to oranges and be clear from the onset how we will proceed.

D. Is there sufficient access to resources?

Currently the PI is in the program:

<http://www.coba.usf.edu/programs/mba/index.html>

<http://www.entrepreneurship.usf.edu/>

Active investigation for future collaborative research currently includes:

<http://publichealth.usf.edu/gh/>

<http://www.coba.usf.edu/departments/management/programs/msm/program.html>

<http://hsc.usf.edu/medicine/biochemistry/msbioinfocompbiol.html>

Possible participative researchers currently include:

<http://www.math.usf.edu/~jonoska/>

<http://hsc.usf.edu/com/iop/cancer/litman.html>

<http://publichealth.usf.edu/gh/hkay/index.html>

<http://hsc.usf.edu/publichealth/gh/adebaldo/index.html>

http://www.hsc.usf.edu/PSYCH/Faculty/staff_tan.html

III. Proposed Theory

A. Detail and specify the concept

Postulate

1. Biological evolution seeks to create more complex functional forms of life. Matter and energy are transformed in biological chemical processes that evolve on earth as life.
2. Human development represents the highest evolution of life on earth
3. Current knowledge and emotional expression represents the height of human development. These are the tools and powers of the mind and body which can be directed to change anything within the full expression of the biological life.

Hypothesize

THEREFORE: Current human consciousness can modify the expression of current human DNA. (ie DNA Shift Experiment)

1. Life changes matter over time. The chemical and biological bonding processes of electrons (e) in atoms of matter (m) moving at speed (c) continually evolve. DNA records functions methods for this evolution as instructions to enzymes, proteins and the progression and variations in these.

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2. The understanding of how changes of energy; and the singular universal "know-how" of the electron (e) in every atom (m) moving at speed (c) within life creates control. Conscious understanding brings control over the evolution of time, space in life.

THEREFORE: Humans have demonstrable capacities to modify the current expression of DNA with consciousness.

Theory

Consciousness can SHIFT DNA Expressions.

Bioinformatics relationships of the preceding

Postulate

1. matter & energy = life evolving
2. mankind = most complex life: time change of life
3. consciousness of mankind = most complex evolution

Hypothesize

1. Energy = $(e=mc^2)$
2. Life = $dm/dt(e=mc^2)$
3. Consciousness = $de/dt(dm/dt(e=mc^2))$

Theory

The evolution of consciousness brings the understanding that life changes energy over time: $de/dt(dm/dt(e=mc^2))$ Knowing this can be used to change the current expression of DNA through conscious application of ancient rituals. Consciousness can Shift DNA Expressions.

IV. Propose Experiment

A. Detail and specify the experiment

1. Schedule a public yoga class
2. Outline the process and procedure for the class and Shift Experiment
3. Disclose full details with required Experiment releases
4. Initiate classes after obtaining notarized releases
5. Continue for a minimum of 6 months, with 30 day samples, reviews and surveys of participants until 200 samples are obtained

B. Experiment procedure

1. Complete application process, physical and all provided releases
2. Inner Smile
3. Orbit meditation
4. Healing sounds
5. Mudra of light

6. Kundalini yoga
7. Combine drums, dress, power traditions, prayers, and symbols to create the full visualization experience of the chant
8. Complete samples, exit interviews and surveys

C. Ideal Control sample

Required sample of 12 male and 12 female 20-40yr old residents: physically fit, no medications, no surgery, no handicaps. For best results participants should be as uniform as possible, the same culture, class, ethnicity and living environment would reduce initial genetic differences. Ideally control group should be all from a single family, neighborhoods, profession or the like. Must submit to full physical, a drug test, and provide a signed release for video and publication to enter 6 month research. Requires blood samples for DNA tests.

This ideal sample should be used to set “ground zero.” All participants will experience beneficial results for the lessons and practices learned. However, the Shift Experiment will generate significant controversy and therefore will greatly benefit from having results from the ideal participants.

D. Expected results

DNA SHIFT: Ideally people will be instructed to find an AGE and shift to that. There is a great variation in how this could be expressed. Other simpler expressions maybe undertaken at first, including for example the conscious increase in melatonin. However, the motions of energy are very powerful, so if anyone in the class is distracted or upset about something then the energy could be detrimental.

Participants will have to be very careful when learning this, and to have everyone state out loud what they are changing inside of themselves. When doing the Chant and the power comes up, instruction will be to direct everyone to say out loud how they are changing the expression of their own DNA. Specific science lessons describing, for example, what melatonin secretions “look like,” how they can benefit, and what other related experiences will be fundamental to understanding how to Shift DNA.

E. Can this be reproduced

Practical reproduction is done all the time already. During this experiment a more detailed journal of the events and activities will be kept. This will record any modifications that will enhance or improve the future replication.