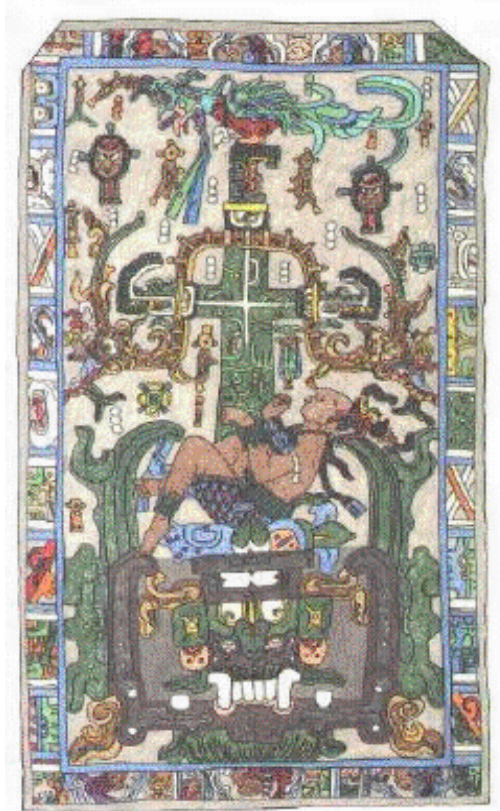


MAYAN CHANT

**Stay as long as you can
Please keep very silent to
avoid interrupting anyone**

PROCEDURE: This chant is a process taken to connect Heaven and Earth. The Ancient Mayan Priests did this to regenerate their people's Karma so they could stay here on Earth without burning up. Each move and sound is significant and worth imitating, following or understanding for the best experience & benefits.



The Chant begins with the Lords Prayer:

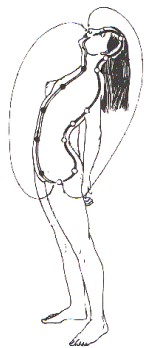
Our Father, Who art in heaven
Hallowed be Thy Name;
Thy kingdom come,
Thy will be done,
On earth as it is in heaven.
Give us this day our daily bread,
And forgive us our trespasses,
As we forgive those who trespass against us;
And lead us not into temptation,
But deliver us from evil
For thine is the Kingdom and the Power and the Glory forever.
Amen

Several symbols are defined to honor the four quarters and the elements.

East Air South Fire West Water North Earth



This is followed by Chi Kong / Reiki movements to bring the Energy of the Heavens down through the Temple of the Body... through each individual chakra within the Microcosmic Orbit.



Mayan Chant

These movements begins with catching the energy of the heavens



This energy is then pushed through the body and brought through each chakra



This energy is brought down into the earth



And finally it's brought back up to the heavens

Many different Chants come out during this process:
Om Prema Om, Om KaliKayai Namaha, Om Kam,
Om Ram ...

I am Light within without;
I am Light is all about;
Fill me, Free Me, Verify Me;
Seal Me, Heal Me, Glorify Me;
Until transfigured they describe me;
I Am shining like the sun;
I AM Shining like the Son.



Often I feel as light as air, the sounds blow through me into the Heavens. The Channel between Heaven and Earth is opened up Strong for me to feel!

This link shows where this chant was found:<http://starsusa.net/firms.com/mayan/>
Please Join the discussions to share your experiences and Help in the growth and healing of the Earth <http://groups.yahoo.com/group/MayanChant/message/2>

Write or Call for additional showings times and / or Private screenings:
Chant@starsusa.org
Phone (813) 237-3705
Fax (813) 237-3710